



SCHOOL MENUS

February 22 through 26



	BELFONTE	BRUSHY	CENTRAL	GANS	GORE		MULDROW		
					ELEMENTARY	JR. & SR. HIGH	ELEMENTARY	MIDDLE	SR. HIGH
MONDAY	BREAKFAST- Sausage patty, biscuits, jelly, milk, juice LUNCH- Beef stix, mashed potatoes, gravy, rolls, salad bar and milk	BREAKFAST- Breakfast burritos, cereal, milk, juice LUNCH- Oven fried chicken, mashed potatoes, green beans, rolls, salad bar and milk	BREAKFAST- Breakfast burrito, salsa, fruit, milk, juice LUNCH- Ravioli, corn, garlic bread, milk, salad bar, fruit	BREAKFAST- Chocolate gravy, cereal, biscuit, peanut butter, fruit bar, juice and milk LUNCH- Crisпитos, mexican corn, apple cobbler w/ice cream, salad bar, milk	BREAKFAST- No School LUNCH- No School	BREAKFAST- No School LUNCH- No School	BREAKFAST- Cereal or waffles w/syrup LUNCH- School pizza, corn, fruit cobbler Milk, juice served daily	BREAKFAST- Cereal or sausage biscuit LUNCH- Frito chili pie, corn, sherbet, fruit Milk, juice served daily	BREAKFAST- Cereal or sausage link & pancakes LUNCH- Crisпитos w/cheese, refried beans, strawberries & bananas Milk, juice served daily
TUESDAY	BREAKFAST- Oatmeal, toast, milk and juice LUNCH- Enchiladas, corn, cheese sauce, milk and salad bar	BREAKFAST- Green eggs and ham, cereal, milk and juice LUNCH- Vegetables beef soup, okra, crackers and cheese, milk and salad bar	BREAKFAST- Blueberry muffins, yogurt, fruit, milk, juice LUNCH- BBQ beef on bun, pickle, chips, milk, salad bar, fruit	BREAKFAST- Waffles, peanut butter or cereal, biscuit, fruit bar, juice and milk LUNCH- Spaghetti w/meat sauce, green beans, sliced peaches, garlic toast, salad bar, milk	BREAKFAST- Biscuits, gravy, sausage, juice and milk LUNCH- Mini corn dogs, tater tots, salad, milk Fresh fruit served daily	BREAKFAST- French toast stix, sausage links, juice and milk LUNCH- Hamburger on buns, baked chips, milk Fresh fruit served daily	BREAKFAST- Cereal or white gravy, biscuit LUNCH- Turkey sub, pickle spear, chips, fruit	BREAKFAST- Cereal or scrambled egg & cheese tortilla w/ salsa LUNCH- Corn dog, tri-tater, black-eyed peas, fruit w/Jell-O	BREAKFAST- Cereal or oatmeal, toast LUNCH- Philly beef sandwich, pickle spear, coleslaw, chips, apples slices w/caramel
WEDNESDAY	BREAKFAST- Chocolate gravy, biscuits, milk and juice LUNCH- Oven fried chicken, mashed potatoes, gravy, bread, milk, salad bar	BREAKFAST- French toast, sausage links, cereal, milk and juice LUNCH- Fajitas, corn, Spanish rice, milk, salad bar	BREAKFAST- Pancakes on stick, fruit, syrup, cereal, milk, juice LUNCH- Pinto beans, fried potatoes, spinach, cornbread, milk, salad bar, fruit	BREAKFAST- Scrambled eggs, toast, fruit bar, juice and milk LUNCH- Breaded beef fingers, creamed potatoes w/gravy, corn on cob, fruit salad, salad bar, milk	BREAKFAST- Oatmeal, toast, juice, milk LUNCH- Burritos, chili w/cheese, corn, apples, milk	BREAKFAST- Ham & cheese on biscuit, juice, milk LUNCH- Pizza, corn, milk	BREAKFAST- Cereal or ham, egg & cheese bar LUNCH- Chicken nuggets, mashed potatoes w/gravy, rolls, fruit	BREAKFAST- Cereal or funnel cake LUNCH- Chicken fried steak, mashed potatoes w/ gravy, green beans, biscuits	BREAKFAST- Cereal or ham, egg & cheese bar LUNCH- Sliced turkey, mashed potatoes w/gravy, green peas, rolls
THURSDAY	BREAKFAST- Scrambled eggs, toast, jelly, milk, juice LUNCH- Goulash, green beans, garlic bread, milk and salad bar	BREAKFAST- Chocolate gravy, biscuits, cereal, milk, juice LUNCH- Chili cheese fries, black-eyed peas, milk and salad bar	BREAKFAST- Scrambled eggs, bacon, hash browns, milk, juice LUNCH- Chicken alfredo, carrots, garlic bread, fruit, milk, salad bar	BREAKFAST- Oatmeal, blueberry muffin or cereal, fruit bar, juice and milk LUNCH- Sloppy Joes, potato wedges, pickle spear, no bake cookies, salad bar, milk	BREAKFAST- Asstd. cereal, juice and milk LUNCH- Stew, crackers, sliced cheese, cookies, milk	BREAKFAST- Biscuits, sausage, gravy, juice and milk LUNCH- Chicken & dumplings, green peas, cornbread, milk	BREAKFAST- Cereal or oatmeal & toast LUNCH- Chicken crispieto, carrot stick w/ranch, tossed salad, fruit	BREAKFAST- Cereal or oatmeal & toast LUNCH- Chili crisпитos w/cheese, refried beans, salsa, fruit	BREAKFAST- Cereal or breakfast pizza LUNCH- Chicken enchiladas, pinto beans, Jell-O
FRIDAY	BREAKFAST- Muffin squares, butter, milk and juice LUNCH- Chili, cheese, crackers, dessert, salad bar, milk	BREAKFAST- Oats, cereal, toast, milk and juice LUNCH- Pizza, baked beans, ice cream, salad bar, milk	BREAKFAST- Chocolate or sausage gravy and biscuit, fruit, milk, juice LUNCH- Pizza, fries, ice cream bars, milk, salad bar	BREAKFAST- Ham, egg & cheese biscuit or cereal, fruit bar, juice and milk LUNCH- Corn dog, potato salad, baked beans, orange slice, salad bar, milk	BREAKFAST- Scrambled eggs, ham, toast, jelly, juice and milk LUNCH- Chicken patty sandwich, chips, pickle spears, milk	BREAKFAST- Asstd. cereal, pop tarts, juice and milk LUNCH- Stew, grilled cheese, milk	BREAKFAST- Cereal or funnel cake LUNCH- Vegetable beef soup, shredded cheese, crackers, fruit	BREAKFAST- Cereal or chocolate gravy, biscuit LUNCH- Ham & cheese open face bagel melt, potato soup, pickle spear, fruit	BREAKFAST- Cereal or gravy choice, biscuits LUNCH- Charburgers, french fries, sherbet, fruit
	ROLAND		SALLISAW			MARBLE CITY	LIBERTY	VIAN	
	ELEMENTARY	JR. & SR. HIGH	LIBERTY	EASTSIDE	MIDDLE	SR. HIGH			
MONDAY	BREAKFAST- Waffle stix, cereal, juice and milk LUNCH- Chuck wagon beans, fried potatoes, cornbread, milk and salad bar, fruit	BREAKFAST- Breakfast bites, cereal, juice and milk LUNCH- Meatballs, rice, baby carrots, rolls, Jell-O, milk and salad bar	BREAKFAST- Sausage biscuit, fruit, juice and milk LUNCH- Ham & cheese sub, tator tots, pickle, fruit, cookie, milk or sack lunch	BREAKFAST- Sausage biscuit, fruit, cereal, juice and milk LUNCH- Toasted ham & cheese sandwich, baked potato soup, strawberry cup, salad & fruit bar, milk; Chicken nuggets, vegetable	BREAKFAST- Biscuits & gravy, fruit, juice, milk LUNCH- MrRibb, baked beans, cookie, salad & fruit bar and milk; Crispieto/Dip & chips	BREAKFAST- Biscuits & gravy, fruit, juice, milk LUNCH- Hot ham & cheese, french fries, cookie, fruit & salad bar, milk; Chicken sandwich, french fries	BREAKFAST- Breakfast pizza, milk, juice, cereal LUNCH- Beef stew, cheese, fruit cobbler, crackers, fruit & salad bar, milk	BREAKFAST- Bacon, oatmeal, toast, milk, juice, cereal LUNCH- Grilled cheese, green beans, salad bar, milk	BREAKFAST- Cereal or oatmeal w/toast, apple juice, milk LUNCH- Sliced hot ham, mashed potatoes w/gravy, rolls, green beans, mandarin oranges, milk
TUESDAY	BREAKFAST- Biscuit, gravy, cereal, milk and juice LUNCH- Pizza, corn, brownies, salad bar, fruit, and milk	BREAKFAST- Biscuits, gravy, cereal, juice and milk LUNCH- Burgers, chips, pudding cups, milk and salad bar	BREAKFAST- Pancake, syrup, fruit, juice, milk LUNCH- Crispieto, cheese sauce, bean dip, chips, fruit juice, milk or sack lunch	BREAKFAST- Donut, fruit, juice and milk LUNCH- Frito chili pie, shredded cheese, corn, pudding, salad & fruit bar and milk; Hamburger and vegetable	BREAKFAST- Breakfast pizza, fruit, juice, milk LUNCH- Chicken fried steak fingers, mashed potatoes, corn, roll, salad & fruit bar, milk; Chicken nuggets/potato	BREAKFAST- Sausage biscuit, fruit, juice LUNCH- Frito chili pie, green beans, Jello, salad & fruit bar, milk; Crispieto, vegetable	BREAKFAST- Cheese toast, hard cooked egg, oatmeal, cereal, juice, milk LUNCH- Chicken nuggets, whipped potatoes, glazed carrots, banana pudding, roll, fruit & salad bar, milk	BREAKFAST- Sausage, biscuit, gravy, cereal, juice, milk LUNCH- Taco burger, tator, chocolate chip bars, salad bar, milk	BREAKFAST- Cereal or breakfast bar, wheat toast, jelly, juice, milk LUNCH- Chili dogs, french fries, fruit cocktail, milk
WEDNESDAY	BREAKFAST- Green eggs & ham, toast, cereal, juice and milk LUNCH- Bologna/cheese sandwich, chips, pickles, strawberries/bananas, salad bar, milk	BREAKFAST- Muffins, yogurt, cereal, juice and milk LUNCH- Spaghetti, green beans, garlic stix, fruit, salad bar, milk	BREAKFAST- Pancakes, syrup, juice and milk LUNCH- Dinosaur chunks, mashed potatoes, roll, fruit, milk or sack lunch	BREAKFAST- French toast, syrup, juice and milk LUNCH- Oven fried chicken, mashed potatoes, roll, salad and fruit bar and milk	BREAKFAST- Super-bun, juice, milk LUNCH- Ham & cheese sub, tator tots, Jello, salad & fruit bar, milk; Chili dogs, chips	BREAKFAST- Long john, fruit, juice, milk LUNCH- Oven fried chicken, mashed potatoes, roll, salad & fruit bar, milk; Nuggets, potatoes	BREAKFAST- Wheat biscuit w/gravy, sausage patty, cereal, juice, milk LUNCH- Nachos w/cheese, pinto beans, corn, cole slaw, grapes, fruit & salad bar, milk	BREAKFAST- Ham, egg, biscuit, cereal, juice, milk LUNCH- Chicken nuggets, m. potatoes, rolls, gravy, salad bar, milk	BREAKFAST- Cereal or blueberry muffin, applesauce, juice, milk LUNCH- Chicken strips, french fries, rolls, diced pears, milk
THURSDAY	BREAKFAST- Sausage biscuit, cereal, juice and milk LUNCH- Chicken tacos, beans, cakes, milk and salad bar	BREAKFAST- Scrambled eggs, sausage links, toast, cereal, juice and milk LUNCH- Hot ham & cheese, chips, pineapple slices, milk and salad bar	BREAKFAST- Cereal, toast, fruit, juice and milk LUNCH- Beef taco, corn, sherbet cup, milk or sack lunch	BREAKFAST- Bacon, egg & cheese biscuit, juice and milk LUNCH- Burrito, cheese sauce, salsa, chips, salad & fruit bar, milk; Crispieto, chips & dip	BREAKFAST- Pancakes, syrup, sausage, juice, milk LUNCH- Beef stroganoff, buttered peas, biscuit, salad & fruit bar, milk; Hamburger, french fries	BREAKFAST- Breakfast pizza, fruit, juice, milk LUNCH- Toasted cheese, tri-tators, strawberries, cake, salad & fruit bar, milk; Hamburger, french fries	BREAKFAST- Glazed donut, yogurt, cereal, juice, milk LUNCH- Bologna & cheese sandwich, tator tots, vegetable soup, peaches w/cookie, fruit & salad bar, milk	BREAKFAST- Sausage, rice, toast, cereal, juice, milk LUNCH- Spaghetti, corn, garlic toast, salad bar, milk	BREAKFAST- Cereal or pancake on stick, syrup, juice, milk LUNCH- Lasagna, green peas, rolls, strawberries & bananas, milk
FRIDAY	BREAKFAST- Pancakes, bacon, cereal, juice and milk LUNCH- Hot dogs, fries, sherbet, milk and salad bar	BREAKFAST- Pancakes, cereal, juice and milk LUNCH- Beans & ham, fried potatoes, kraut, cornbread, apple crisp, milk and salad bar	BREAKFAST- Biscuits and gravy, fruit, juice and milk LUNCH- Hamburger, french fries, pickle, cake, milk or sack lunch	BREAKFAST- Biscuits and gravy, fruit, juice and milk LUNCH- Breaded chicken sandwich, veggies, dip, carrot cake, salad & fruit bar, milk; Stuffed crust pizza	BREAKFAST- Biscuits and gravy, fruit, juice, milk LUNCH- Stuffed crust pepperoni pizza, apple crisp, salad & fruit bar, milk; Stuffed crust pizza, corn	BREAKFAST- Biscuits and gravy, fruit, juice, milk LUNCH- Hot dog, onion rings, fruit crisp, salad & fruit bar, milk; Pizza, salad	BREAKFAST- Wheat toast, breakfast bar, blueberry muffin, cereal, juice, milk LUNCH- Grilled chicken sandwich, frenchfries, baked beans, pears, fruit & salad bar, milk	BREAKFAST- Bacon, waffles, cereal, juice, milk LUNCH- Cheeseburger, fries, salad bar, milk	BREAKFAST- Chocolate or white gravy, biscuits, jelly, juice, milk LUNCH- Chicken fajita, corn, apple wedges, milk