



## SPOTLIGHT ARTICLE: Network Family Chiropractic (Marc Rabinowitz)

Healing is a gift, something you either have or don't have. It's an aptitude—a type of intelligence, even a species of genius.

Dr. Marc Rabinowitz, the proprietor of Kingston-based Family Network Chiropractic, has that genius—in spades. When his fingers touch you, you can actually feel their intelligence. If something, anything, is out of alignment, he'll find it, no matter how remote or buried. If there were a Mensa for hands, Marc's mitts would be members ... hands down.

Dr. Marc's known about this gift for years. "People have been telling me I have skilled hands since I was 10 or 12 years old," he says. He also views it as central to his nature. "I'm not especially verbal," he says. "I relate to people through touch."

It's not just Dr. Marc's hands that make him such a special healer. The hands ain't nuthin' without the heart and Dr. Marc knows this intuitively. He has a gentle, affectionate nature and bathes his patients in loving attention. "Healing is a process of growing together," he says. When a person's treatment with Dr. Marc is finished, they feel cared for through and through.

Dr. Marc became attracted to chiropractic as a child. "My back would go out and medical doctors couldn't help; Chiropractic did." It wasn't until he was in his late 30s that he actually became a chiropractor. Raised in a working-class family in the Bronx, Dr. Marc first pursued a fine arts degree when it came time for college. It was a disappointment for him. "It was about the politics of art and this made me want to *not* make art."

Although the art world missed out on the great talent of Dr. Marc, he kept working with his hands in various ways, from construction work to attaining a degree and license as a massage therapist. It was while attending massage school that Dr. Marc realized Chiropractic was his *true* calling.

"I was at first worried about the academics in Chiropractic College," he says. "My first test was in biology, and I studied so hard that I dreamt I was studying." He scored 110 on the test and from that moment on, he knew he could make the grade. He graduated Magna Cum Laude from Life Chiropractic College and soon after came to the Hudson Valley. He's lived and worked here ever since.



**Family Network Chiropractic**  
Dr. Marc Rabinowitz  
Healing Through Awareness



Dr. Marc practices a unique and revolutionary technique called Network Spinal Analysis, a low-force healing modality that, in the words of founder Dr. Donald Epstein, “cues the brain to create new wellness-promoting strategies.”

According to Dr. Marc, Network Spinal Analysis “changes the strategies of how the nervous system functions. It changes how you connect to your own body.” People who receive Network Spinal Analysis Care see positive changes physically (like reduced pain and increased flexibility in the spine) as well as mental /emotional changes (like less stress and depression).

Whether you choose Network Spinal Analysis, or a more traditional structural approach, which Dr. Marc also provides, you are, quite literally, in good hands with Dr. Marc Rabinowitz, healer extraordinaire.

*[Advertisement]*



**Family Network Chiropractic**

Dr. Marc Rabinowitz

Healing Through Awareness